



GROUP FITNESS

SPORTS OF ALL SORTS



M A Y ~ 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3 10:30-11:15 Silver Sneaker's Classic TONI	4 9:30 - 10:15 Silver Sneaker's YOGA TONI 	5 10:30-11:15 Silver Sneaker's Classic TONI	6	7 10:30-11:15 Silver Sneaker's Classic TONI	8
9	10 AMY IS BACK! 9:30 - 10:15 Senior-FIT 10:30-11:15 Silver Sneaker's Classic	11 9:30 - 10:15 Silver Sneaker's YOGA TONI	12 9:30 - 10:15 Senior-FIT 10:30 - 11:15 SilverSneakers Classic	13	14 9:30 - 10:15 Senior-FIT 10:30 - 11:15 SilverSneakers Classic	15
16	17 9:30 - 10:15 Senior-FIT 10:30-11:15 Silver Sneaker's Classic	18 Silver Sneaker's YOGA ???	19 9:30 - 10:15 Senior-FIT 10:30 - 11:15 SilverSneakers Classic	20	21 9:30 - 10:15 Senior-FIT 10:30-11:15 Silver Sneaker's Classic	22
23	24 9:30 - 10:15 Senior-FIT 10:30-11:15 Silver Sneaker's Classic	25	26 9:30 - 10:15 Senior-FIT 10:30 - 11:15 SilverSneakers Classic	27	28 9:30 - 10:15 Senior-FIT 10:30-11:15 Silver Sneaker's Classic	29
30 NEW CLASSES ARE COMING IN JUNE!!	31 MEMORIAL DAY - NO CLASSES!	May is Physical Fitness Month 				